



# Firfield Primary School

Learn Together, Grow Together, Achieve Together

26<sup>th</sup> May 2022

Dear Parents / Carers,

## Relationships, Sex and Health Education (RSHE)

Thank you to all parents who responded to the recent Relationships and Sex Education Questionnaire.

RSHE is a statutory part of the PSHE curriculum, which is broken down into the following areas:

- Relationships Education
- Health Education
- Sex Education

At Firfield, we follow the whole-school Jigsaw approach to PSHE, which weaves relationships into the six 'Puzzles' (units) that we follow across the year, with a bigger focus on this area in the Summer 1 term.

Puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE Programme in the 'Changing Me' Puzzle (unit) in the Summer 2 term. This unit will also cover any Sex Education objectives. We believe children should understand the facts about human reproduction before they leave primary school so we define Sex Education as understanding human reproduction and we intend to teach this as part of our PSHE curriculum. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will present the materials in an objective, balanced and sensitive manner.

The objectives below provide you with an outline of the RSE content we will be covering this year.

Year 3
I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.
I understand how babies grow and develop in the mother's uterus.
I understand what a baby needs to live and grow.
I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies.
I can identify how boys' and girls' bodies change on the outside during the growing up process.
I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.

If you have any questions about this, please do not hesitate to get in touch. For more information, please also see the Parents and Carers Leaflet from Jigsaw, the LGBTQ+ Parent Leaflet and our PSHE Policy (which includes RSHE) available on the PSHE section of our website.

Yours sincerely,

The Year 3 Team

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Headteacher: James Yellop  
 Deputy Headteacher: Adam Thurgood  
 Assistant Headteacher: Rachel Tittershill





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